



**NEW HORIZONS COUNTRY DAY SCHOOL  
HALF DAY VOLUNTARY PRE K CLASS  
 NOVEMBER NEWSLETTER**



**FINE MOTOR:** During the month of November the students will be practicing writing their names, addresses & phone numbers. As part of their homework for the week of 11/18 your child will be bringing home a paper for you to help them make a family portrait. This is an important part of our Homes & Family Unit which the students will be sharing with the class during morning circle time.

**LANGUAGE:** As a pre reading skill we will be observing your child's ability to predict story-beginning, middle and ending. We will continue using more expanded vocabulary such as plurals, adjectives and adverbs. We will also be doing activities to emphasize left and right orientation.

**MATHEMATICS:** In combination with our fine motor skills we will emphasize number recognition while practicing our home phone numbers and addresses. We will be reviewing our geometric shapes, sphere, cylinder, rectangular prism, square based prism, triangle based prism and cone. There will be many activities for the students to work on, such as identifying first, middle, last, comparing sets, and counting sets. The students will be doing lessons to help them understand ordinal numbers 1-5. The students will be reviewing the terms: how many, equal, fewer & more than, and how to apply them. The class will also be learning "What a Year is".

**SOCIAL/SCIENCE:** As part of our sharing and caring month we will be talking about families and how we celebrate Thanksgiving and how the First Thanksgiving was celebrated. The students will be practicing table setting in anticipation of Thanksgiving. We hope you will allow your child to help with this tradition at home. In Science we will be reviewing the proper use of farm tools and life on the farm.






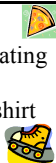
***PLEASE CHECK YOUR CHILD'S CLASSROOM FOR SIGN UP SHEETS FOR OUR  
 THANKSGIVING FEAST.***



**PLEASE HELP WITH OUR FOOD DRIVE. FAMILIES ARE IN NEED OF OUR HELP MORE THAN  
 EVER THIS YEAR. PLEASE SEE THE BACK OF THE NEWSLETTER FOR SUGGESTIONS.**



## HALF DAY PRE-KINDERGARTEN NOVEMBER 2013

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
					1
Letter C – NO cook cooking!!!	4 FOOD DRIVE 	5 FOOD DRIVE 	6 FOOD DRIVE 	7 FOOD DRIVE 	8 FOOD DRIVE 
Letter Q - Quality Time at Home, Sharing and Caring, Table Setting & Manners.	11	12	13	14	15 Family Homework Paper Goes Home.
Letter H-Homes & Family, Family Portrait, Matching, Intro to Addresses and Phone #'s Letter Y–Years, Calendars & Holidays	18	19	20	21 Pizza & Skating Wear your NHCDS t-shirt 	22 Thanksgiving Feast
<b>Thanksgiving</b>	25 School Closed Thanksgiving	26 School Closed Thanksgiving	27 School Closed Thanksgiving	28 School Closed Thanksgiving	29 School Closed Thanksgiving

## BACK GATE SAFETY



Please do not allow your child to push the **green gate button**. This is for the safety of all our children. Many times your child will run ahead of you - push the green button and run out the gate into our parking lot leaving our gate open. Not only is your child at risk in the parking lot but many times another child will follow your child out the gate.

**CHILDREN ARE NOT ALLOWED TO PUSH THE GREEN GATE BUTTON**

**Please close the gate when leaving. If you are at the gate and someone asks you to let them in because they forgot their card and you are not sure if they are a part of our New Horizons family, please do not allow them to enter. Find a staff member who can verify that they are a member or direct them to the front office off Nebraska Avenue.**



### 5 A DAY The Color Way

By eating your colors every day you will stay fit and healthy. Colorful fruits and vegetables contain many of the nutrients, minerals and phytochemicals your body needs to maintain good health and energy. They also protect against the effects of aging and can help reduce the risk of some of the major lifestyle diseases. Many of the phytochemicals and other compounds that make fruits and vegetables such healthy foods also give them their color. There are many different phytochemicals and compounds associated with the color – so to ensure you get a wide range of them you need to try and eat fruits and vegetables from each of the color groups each day.

A new food may need to be introduced 6 - 12 times before a child decides if they will like it. Don't give up! To ensure the health of your loved ones, serve and encourage **5 A DAY** for better health.

#### What is a serving?

##### Age 1 – 3

- 1/2 medium fruit
- 1/4 cup cut-up vegetables
- 4 oz 100% fruit or vegetable juice
- 1/4 cup cooked vegetables
- 1/2 cup leafy greens
- 1/4 cup potatoes
- 1/4 cup peas or beans
- Dried fruit not recommended



##### Age 4 - 6

- 1 medium fruit
- 1/2 cup cooked vegetables
- 1 cup leafy greens
- 1/2 cup potatoes
- 1/2 cup peas or beans
- 1/4 cup dried fruit



## FOCUS ON FUNDAMENTALS

### Fostering Tolerance and Respect

Children are born without biases about other people of any race, culture, gender, or disability. We sometimes wonder if we can raise our own children free of prejudice. Unfortunately, it doesn't work this way; society's messages are too pervasive. As parents and teachers, we need to take positive action if children are to grow up comfortable with who they are *and* be respectful of others.

We want to work with you to create a program that helps to counter society's messages of bias and reflect the cultural background of all children and families. To begin with, we choose books, dolls, and even pictures on the wall, with an eye to finding balance and showing children what they see too little of elsewhere. For instance, we make a point of showing men and women of all ethnic backgrounds doing a variety of jobs, men as well as women doing household chores and spending time with children and different kinds of families enjoying themselves.

Are we doing all this to be "politically correct"? Not really. We're committed to helping children grow up confident of their own identity and to be respectful to other people and aware of the rich diversity of their community and world.





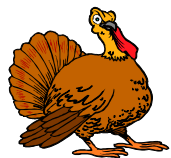
**SHARE YOUR  
CUPBOARD  
NOVEMBER 4th-8th**

An annual tradition at New Horizons has been our Canned Goods Drive. We collect food for the needy families in our community. Your past support of this collection has been terrific and we hope your children won't miss this opportunity to feel the true sharing spirit of the season by giving to those who are less fortunate.

**Donations of food may be dropped off in your child's classroom, the Great Room or the front lobby Monday through Friday, Nov. 4th thru the 8th.**

**Suggested foods:** boxed mashed potatoes, stuffing, canned vegetables & fruits, gravy, muffin or corn bread mix, powdered or canned & milk, pastas and sauce, macaroni and cheese, canned meats, tuna fish, boxed cereal, rice and beans, flour, soups, or juice.

**Non-perishable boxed, canned and plastic containers only.**



**REMINDER!  
THANKSGIVING BREAK  
for the  
Half Day Voluntary  
Pre Kindergarten Students**

**NOVEMBER 25th-29th**

**SCHOOL WILL BE CLOSED  
FOR THE THANKSGIVING  
HOLIDAY!**

*If you have any questions please feel free to contact the office for more details.*



**PRESCHOOL  
THANKSGIVING FEAST  
FRIDAY,  
NOVEMBER 22nd  
Late Dismissal 12:15**

Please send your child to school on Friday with a healthy lunch including, juice, water or milk minus the dessert.

So your child can enjoy their lunch without rushing we will delay dismissal time until 12:15.

**REMINDERS:**

1. No candy, soda pop or fast food.
2. Please put an ice pack in your child's lunch box or bag.
3. We do not heat up food so please send in a sandwich or similar type of lunch.

***IF YOU WOULD LIKE TO DONATE THE  
INGREDIENTS FOR YOUR CHILD'S  
SPECIAL DESSERT PLEASE CHECK  
WITH YOUR CHILD'S TEACHER.***



**Astro Skate Field Trip  
Reminders  
Thursday, November 21st**

Since space is limited, we will be limiting 3 chaperones per classroom. All chaperones must have attended the New Horizons Open House Meeting in order to help on our field trips.

Any Parent or Guardian who was unable to attend this meeting at the beginning of the year, please contact your child's teacher so we can schedule a time for you to meet with the Assistant Director-Jan Clark to go over the rules.

These policies are specifically in place to provide your child a safe and enjoyable experience.

If you have any questions please feel free contact the office.