



**NEW HORIZONS COUNTRY DAY SCHOOL**  
**HALF DAY - FREE VOLUNTARY PREKINDERGARTEN**  
**DECEMBER MONTHLY CALENDAR**



**FINE MOTOR:** During the month of December your child will be working on their fine motor skills by tracing letters, shapes and cutting on a curve. We will fine tune our artistic abilities by painting on the easel.  
**LANGUAGE:** Language development will include learning how this holiday season is celebrated in other lands. We will be working on story recall, concepts of print, rhyming, dictation and the use of the class dictionary. You can help reinforce comprehension by asking Who & What questions during and after you read a story. The students will continue to review their positional words and we will add “near and far”. The colors for the month are green, blue and red.

**MATHEMATICS:** The students will be working on ordinal numbers, environmental numbers, dates, pricing, the # number zero and telling time. The students will be graphing and estimating quantities. We will review combining, separating and problem solving. Sets of 6,7,8,9,10 will be introduced.






**SOCIAL/SCIENCE:** As part of our Holidays Around the World we will be discussing how children of other lands celebrate. The Pre K students will be reviewing globes and maps to help them better understand the world around us. The students will review the seasons and different temperatures around the world. The children will also be working on a special surprise for their parents. SHHH! No questions please!!!!

**PLEASE CHECK YOUR CHILD’S CLASSROOM FOR SIGN UP SHEETS FOR OUR HOLIDAY SNACK.**



# DECEMBER 2016



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Life on the Farm Review of Animal Names Young & Old Letter L				1	2
Traveling the World - Holidays Around the World/Globes	5 	6	7	8	9 
Gift Making 	12	13	14	15 Pizza Day!  Wear your green NH shirt. Roller Skating 	16 Wear Your Favorite Holiday Colors
<b>SCHOOL CLOSED DEC. 19th, 2016 THROUGH JAN. 2nd, 2017</b>  <b>CLASSES RESUME TUESDAY, JANUARY 3rd, 2017</b>	19 /	20 /	21 /	22 /	23 /
	26	27	28	29	30
<b>JANUARY 2017</b>	1/2 SCHOOL CLOSED	1/3 <b>1ST DAY BACK AFTER WINTER BREAK</b>	1/4	1/5	1/6



## HOLIDAY TOY DRIVE December 5th-9th In Loving Memory of Lawson Whitaker

We look forward to brightening this season for children of need through our Holiday Toy Drive. You and your child can enjoy the true spirit of the season by purchasing a toy appropriate for your child's age and gender and dropping it off in our lobby or great room. All unwrapped gifts should be donated no later than the morning of

**Friday, December 9th**



## Our Thanks to All – Share your Cupboard

Your generous donations to our canned food drive made this year's effort the best ever. Bill Lang sponsors this event for us along with the Neighborhood Senior Center and the Good Sheppard Center. With your contributions they are able to make up food baskets to help many of our local elderly and needy families in the area.

Because of your kindness there were many full tummies for Thanksgiving and the weeks to follow.



The Staff of New Horizons Country Day School would like to wish all our families a Safe and Happy Holiday Season!

Reminder our first day back for the New Year is  
**Tuesday, January 3rd**



### TAX SEASON

New Horizons Federal Tax I.D. # is 59-3327147  
Please contact the office by Wednesday,  
December 14th for a year end statement.

**Statements will be done on a request only basis.**



## HOW DO CHILDREN DEVELOP A SENSE OF SELF:

WRITTEN BY Josephine Ross, Douglas Martin & Sheila Cunningham

From the moment they are born, babies are exposed to information that can teach them about who they are. By touching their own face and body, or by kicking and grabbing things, they start to enjoy the [influence of their actions on the world](#). But it is not until children approach their second birthday that they start to develop a sense of self and are able to reflect on themselves from the perspective of somebody else.

One indication of this new objective self-awareness is that children start recognizing themselves in a mirror or photograph – something most children do [by the age of two](#). This kind of self-awareness can be assessed scientifically by surreptitiously putting a small mark on a child's forehead, such as by kissing them while wearing lipstick. The child can't feel the mark so their sense of touch can't alert them to its presence – but they can see it if they look in a mirror. If the child has the capacity to see themselves as another person would, they will reach up to touch the mark when shown a mirror, indicating that they equate the mirror image with their own body.

### Finding the concept of the 'self'

Toddlers also naturally demonstrate their self-awareness by their ability to use and understand self-referential language such as *I, me, you* and *my*. Another example is when they claim something as their [own property](#) – the cry of "it's mine" is the origin of many sibling disputes.

The appearance of [self-conscious emotions](#) such as embarrassment, pride, guilt and shame also demonstrates that a child is developing self-consciousness. Parents may notice that by the time they are three-years-old, their child is motivated to make amends for wrongdoing, can be proud of their own behavior, or hides when unhappy about something they have done.

Toddlers' ability to think about themselves from the perspective of a second person also marks the start of their acquisition of what's called "[self-concept](#)" – stable thoughts and feelings about the self. Between their first and second birthdays, children will be able to produce simple self-descriptions and evaluations such as "I am a good boy", which will become more complex over time. By the time a child is around eight-years-old, they will have a relatively stable idea of their own personality traits and dispositions, and whether they feel like a valuable and competent person.

Individual differences in personality and feelings of self-worth can influence a child's approach to social situations and academic achievement. Children with positive perceptions of themselves have the [best social and academic outcomes](#), perhaps because they focus on success and aren't deterred by failure. Parents can help their child [develop positive self-esteem](#) by reacting positively to them and their achievements, and helping them to overcome negative events.

Psychologists think parents can also shape children's self-worth right from birth: when they provide a positive response to an infant's actions it provides them with their first experiences of having a positive impact on the world.

Taken from :The Conversation.com/how-do-children-develop-a-sense-of-self article.